



California Family Resource Association

Strong Families. Strong Communities.

2.3.2021

Hello CFRA Members,

Please see below for updates and information that we hope will be of use to you. We encourage you to share relevant items with your networks.

If your organization has any upcoming events in March please email Madison York at myork@thecapcenter.org and we will feature them in our March newsletter .

Member Spotlight

Meet Karen Pautz, she is proud every single day to work in the family strengthening field for 30 years. Sixteen of those years have been working in Siskiyou county at First 5 Siskiyou Children & Families Commission. Karen says Siskiyou is the most wonderful and uniquely collaborative county and that families there work hard every day to make life a little better in these difficult times. Through her years of working in Siskiyou county, she has noticed the challenges rural communities in CA face when it comes to meeting needs and finding the critical resources that are necessary for the community.

Karen is truly humbled, proud and excited about the work she does in the community and advocating for families.

She said "It is such a gift to wake up every morning and be incredibly honored and enthusiastic about the work that I do. I don't really see it as work, honestly. I see it as a lifestyle... a gift of career that compliments my purpose and personal vision."



Karen moved to the United States from Armenia when she was a teenager. She shares that in Armenian culture, family, children and the elderly are the center of everything they do and value. That is why having a career that understands and supports families is natural to her. She continued, "to work together and create partnerships that works toward the greater good for families is very familiar to me."

As a CFRA Member, Karen values that important information about the state budget process is shared. "Budgets are statements of value; we must value the critical importance of families and the critical transformable policies. It is essential that we support the organizations that support us every single day through their diligence, advocacy and vision."

To connect with Karen email: karenpautz@first5siskiyou.org

CFRA February Member Update Call

Friday, February 26, 9am-10am

California Family Resource Association (CFRA) invites you to join us for our February Member Update call on **Friday, February 26th at 9:00 am** . Please [click here](#) to join on the day of the call.

The agenda will be as follows:

1. Opening remarks from Policy Committee Co-Chairs (Katie Albright and Ron Brown)
2. Legislative Update (Dawn Koepke)
3. Federal Update (Sheila Boxley)
4. CFRA Update (Merritt Beckett)
5. Strategies Update (Michael Williams)
6. Discussion and Sharing

CFRA Trainings

CFRA is pleased to announce additional training opportunities for Family Resource Centers and Networks in CA.

See below for dates offered and to register.

Introduction To The Protective Factors Framework: 2/9 @1pm; 3/23 @9am; 4/13 @1pm; 5/25 @9am; 6/8 @1pm; 7/27 @9am.

The Strengthening Family™ Framework and its Five Protective Factors provide a common language widely adopted across organizations, networks, systems, and communities. Serving as a powerful bridge between service providers and families, the Framework and its Protective Factors offer practical tools that are readily integrated into programs, services, and systems. The Center for the Study of Social Policy (CSSP) conducted significant evidence-based research on the Framework and the Protective Factors, providing a vigorous foundation that has notably contributed to the growing legitimacy of the family strengthening field.

Goals of the Introduction Course-

- List five protective factors that help keep families strong and prevent child abuse and neglect.
- Identify multiple key strategies and concrete everyday actions that help families build those protective factors.
- Understand what it means to work with families in a strength-based way.

FRCs: Vehicles of Social Change: 2/23 @9am; 3/9 @1pm; 4/27 @9pm; 5/11 @1pm; 6/22 @9am; 7/13 @1pm

FRCs can be agents of social change through a variety of advocacy efforts, from education to lobbying. This training will describe the factors that have contributed to the growth and development of FRCs and how they have responded to the growing body of research and best practice, while remaining anchored in a deep and rich history invested in the well-being of children, families, and communities.

Exploring and Explaining Equity: 2/24 @9am

Member registration will be \$25 and non-members \$50. (Members will receive an email with the promotional code)

To register for the trainings visit the [CFRA website](#).



News

February is Parent Leadership Month 2021

February is National Parent Leadership Month! Throughout the month of February, the Office of Child Abuse Prevention wants to raise awareness of the important role that parents play, not only in the lives of their children, but also in their communities. To honor these parents, the OCAP will be accepting nominations for the Fourth Annual Parent Leadership Awards! Nominations will be accepted from January 15, 2021 to March 15, 2021 by 5:00 p.m., and winners will be announced on March 29, 2021. Winners will receive their awards by mail. To find updated promotional materials for February's Parent Leadership month and information on how to nominate a parent, visit their [website](#).

Child Abuse Prevention Month April 2021

The Office of Child Abuse Prevention (OCAP) is committed to public health and safety and therefore will not be hosting Kids' Day at the Capitol this year due to the continued risks of the COVID-19 pandemic. We encourage everyone to still promote Child Abuse Prevention (CAP) Month online through social media, websites, webinars and other digital platforms. The OCAP has created a [Twibbon](#) profile image overlay, and we encourage our partners to use and share it through their online networks. The OCAP has also put together a [Social Media Toolkit](#) with suggested social media posts and other information that can be shared online. Included in the toolkit are fun ideas for ways to engage families and other community members virtually! You can find all of our available resources for Child Abuse Prevention Month on our [website](#). The OCAP will also be promoting #WearBlue4Kids Day online. On the first Friday in April (4/2), please show your support by wearing blue and posting a selfie with the hashtag. Finally, the OCAP will work in partnership with the Child Abuse Prevention Center to host our Annual Kids' Art Contest! More information regarding how to enter can be found on our [website](#).

EITC for Families

It's tax season, and an opportunity to put money back into the hands of California's most vulnerable families through the California Earned Income Tax Credit (EITC). This tax incentive can help lower the amount families may owe and increase their refund amount. Help us spread the word about Cal EITC with families in your community! To learn more, visit the [Cal EITC website](#).

COVID-19 Resources

The state's [COVID-19 website](#) is updated regularly with the latest California-specific information. It provides updates regarding statistics on current cases, testing sites, vaccine information, small

business relief grants, stay at home orders and other resources in your area. Remember to wear a mask, wash your hands and keep your distance for your safety and others.

FRC Funding

Community Navigators - The budget includes \$5.3 M (\$3.2 M General Fund) for the Department of Developmental Services to contract with FRCs to implement a navigator model statewide. The model would utilize parents of individuals in the regional center system to provide education on resources, advocacy, and mentorship to other parents of individuals being served by the regional center system. The purpose of navigators is to increase service authorization and utilization in diverse communities, furthering health equity within the developmental services system. Funding includes resources for a one-time independent evaluation focused on improving the effectiveness of existing disparity projects.

Covid 19 Related Supports for Child Welfare Services - the budget includes \$61.1 M General Fund in 2021-2022 to support services related to quarantine needs for foster youth and caregivers, temporary extension of assistance payments to emergency caregivers, support to FRCs, state administered contracts for youth and family helplines, provision of laptops and cellular phones to foster youth, assistance to families with youth who are at risk of entering foster care, and temporary provisions of assistance payments to youth who turn 21 years of age while in extended foster care after April 17, 2020, through December 31, 2021 and for any nonminor dependent who met eligibility requirements for the Extended Foster Care program and lost their employment or has experience disruption in their education program resulting from COVID-19 and cannot otherwise meet any of the participation requirements.

Webinar Opportunities

February TA Webinar: 2021 CAPM Toolkit & Virtual Pinwheel Garden | 2.10.21 | 3:00 pm CST

The communications team at the national office will roll out the full 2021 CAP Month toolkit, guidance on its use, and how we can all be #GrowingBetterTogether during #CAPMonth. Also included will be an introduction to the Virtual Pinwheel Garden that was briefly piloted last year and is making a comeback again this year but with some updates.

[Join the webinar.](#)

Trauma, Compassion Fatigue & Secondary Traumatic Stress | 2.16.21 | 10 am PST

Hosted by the California Training Institute (CalTrin), this webinar for child-serving professionals introduces the concepts of compassion fatigue and secondary traumatic stress and offers an opportunity to discuss the emotional impact of this work on helping professionals. Participants will review types of child trauma and common responses; discuss Secondary Traumatic Stress in service providers working with families; identify common types of stress that can occur in the work place; and learn to recognize symptoms of compassion fatigue and secondary traumatic stress. The first of a two-part series on secondary traumatic stress, this webinar will be presented by Melissa Bernstein, PhD. In her role at Rady Children's Hospital - San Diego, Melissa directs the Advancing California's Trauma-Informed Systems (ACTS) and Trauma-Informed Licensing Team (TILT) Initiatives. Her research centers around supporting systems in planning for, implementing, and sustaining trauma-informed change that aligns with best practice and science.

[More Information and Registration](#)

Become a CFRA Member!

We would like to take this opportunity to introduce you to the new CFRA Membership. We hope that you will choose to join us to help improve the lives of children, families, and communities throughout California.

CFRA's primary focus remains: impacting policy change to advance the programs and resources that strengthen California families. Thanks to the support of The California Endowment, SH Cowell Foundation, and the Immigration Services Unit at the California Department of Social Services, CFRA continues to engage in a variety of policy areas that benefit families and communities throughout California.

CFRA has merged with the [California Network of Family Strengthening Networks](#) in an effort to align the field, move forward as a unified, statewide body and achieve greater impact. CFRA has also worked with partners to formally define FRC in statute through Senate Bill 436, secured state funding for FRCs to respond to COVID-19 and expanded its reach at the State Capitol, visiting the Legislature over thirty times in the span of four months, to actively advocate for home visitation and encourage policy makers to tie home visiting services to local FRCs.

CFRA has updated the core membership benefits to include CFRA Policy and Networks Committees and e-newsletters with the latest news, Legislative Update calls, policy and budget analysis, grant opportunities, and discounted rates to CFRA trainings. Click the link below to see the full benefits of becoming a CFRA member and apply to become a member.

<https://californiafamilyresource.org/membership/>

Connect with us



[Email](#) | 916.244.1900 | [Website](#)